

# GEOFEST:

A FESTIVAL OF GEOGRAPHIC DIVERSITY

## *CAN'T-MISS TRAVEL TIPS!*

*{ALL, in your topic area, are required to be well covered in the Travel Guide!}*

### Unit 7- Africa South of the Sahara

CULTURAL ACTIVITIES: traditional sports & games; traditional dance, music & instruments

FOOTBALL (SOCCER)  
DISTANCE RUNNING  
RUGBY  
DAMBE

MORABARABA (GAME)  
DARA (GAME)  
KUDODA (GAME)  
AMPE (GAME)

ATILOGWU DANCE  
ADUMU DANCE  
GUMBOOT DANCE  
CALL & RESPONSE

DRUMS  
SHEKERE  
BALAFON  
MBIRA

*{MULTIPLE INSTRUMENT/MUSIC AUDIO SAMPLES ARE A MUST!}*

CULTURAL CELEBRATIONS: holidays & festivals, (religious, national, & regional);  
traditional foods and cuisine {dietary laws/eating customs and rules}

RAMADAN  
FETES DES MASQUES  
AFRICAN UNITY DAY  
TIMKAT FESTIVAL

GEREWOL FESTIVAL  
HOMOWO FESTIVAL  
WEDDING RITUALS  
SIFUDU

HALAL/ HARAM  
LEGUMES  
BILTONG  
GROUNDNUT STEW

FUFU  
UGALI  
INJERA  
AFRICAN FRUITS

CULTURAL EXPRESSIONS: traditional art, crafts, & architecture; traditional dress & costumes

CAVE ART  
POTTERY  
SCULPTURE

BASKETS  
MASKS  
SHIELDS

JEWELRY/BEADS  
LIP PLATES  
TRIBAL SCARIFICATION /  
BODY ART

CLOTH: KANGA, KENTE,  
SHUKA & LAMBA  
ZULU KRAALS  
MUSGUM HUTS  
GANVIE

CULTURAL COMMUNICATION: language and literature; folktales, fables, myths, & legends

AFRIKAANS  
ARABIC  
HAUSA  
AMHARIC

BANTU  
SWAHILI  
XHOSA  
MALAGASY

ORAL HISTORY  
GRIOT  
DRUMMING

ANIMALS IN STORIES  
TRICKSTERS = ANANSI THE SPIDER  
AESOP'S FABLES = MORALS

*{MULTIPLE LINGUISTIC AUDIO SAMPLES ARE A MUST!}*